



UBC Association of Professors Emeriti

The Alumni Centre is diagonally opposite the UBC Bookstore. Park in the North Parkade or Health Sciences Parkade.

GENERAL MEETING:

Wednesday, February 8

Robert H. Lee Alumni Centre
6163 University Boulevard

(partners and guests are welcome)

Agenda

- 1:00 pm Coffee, tea and conversation
- 1:50 pm Business meeting
- 2:00 pm Professor Arthur Ray, *The three hundred and forty years-old Hudson's Bay Company Archives and Contemporary Aboriginal Rights and Environmental Issues in Canada*

As Canada's most famous economic historian, Harold Innis, pointed out long ago, Canada is a creation of the fur trade. Crown-First Nations relations were also forged in this enterprise. For most parts of the country, the London-based Hudson's Bay Company was the dominant Euro-Canadian fur trading institution. Its extraordinary historical legacy is the vast Hudson's Bay Company archives, which have been designated as a UNESCO world heritage resource. These archives include miles of records for over 500 posts from coast to coast to coast across the country as well as the London headquarters records.

The company's remarkable archives offer crucial insights into many issues of concern today such as: aboriginal economic rights, climate change, and the environmental impacts of northern development. I will provide examples by focusing on the records of one of the company's earliest and most important posts—York Factory on the western shores Hudson Bay. The discussion draws on my ongoing editorial project for the Champlain Society that will publish the York Factory post journals and related documents for 1714-17. Of the thousands of company post journals, in my view these are the most extraordinary, kept by Captain and Governor James Knight. In his seventies at the time, Knight was one of the most experienced men who would ever assume command of a company post.



Arthur "Skip" Ray is Professor Emeritus of History at UBC and a distinguished historical geographer. He pioneered the use of the Hudson's Bay Company's vast archives to derive economic and ethno-historical data to interpret the historical geography of Canada's First Nations from the time of first European contact. His expertise also led him to become the principal historical geographical expert witness in major Native rights cases in Canada for over 25 years. He played a pivotal role in bringing to the courts' attention temporal and spatial perspectives on treaties, Aboriginal title, and, most recently, Métis rights. His ground breaking scholarship has forged Canadian case law, enriched Native

Studies methodology, and changed scholars' and public perceptions of Aboriginal and national histories. It has also spawned cross-national research of the claims process.

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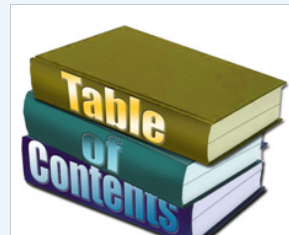
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Association News

November General Meeting Talk: Promoting the Health & Well-Being of Children in BC

UBC researchers, **Dr. Kimberly Schonert-Reichl** and **Dr. Eva Oberle**, presented a fascinating summary of HELP, the *Human Early Learning Partnership*, an interdisciplinary research institute in the School of Population and Public Health in UBC's Faculty of Medicine.

Central to HELP's work is the development of two child development monitoring systems: the "Early Development Instrument" (EDI) and "Middle Years Development Instrument" (MDI). Each instrument combines different measures of child development. For example, the MDI combines measures of social and emotional development, physical health and well-being, connectedness, use of after-school time, and school experiences. Using these tools with students in B.C. elementary and high schools, researchers have been able to explore changes over time as well as identify socioeconomic conditions affecting child development outcomes.



Dr. Kimberly
Schonert-Reichl



Dr. Eva Oberle

Calling all Emeritus Authors

At the March 29th meeting of UBCAPE, we plan to have a display of books written by emeriti during the past five years. The speaker at this meeting will be President Santa Ono. We are really looking forward to showing off the things that emeriti do.

Please contact Sandra van Ark in the UBCAPE office if you have written a book and would like to display it, as we'll set up tables for displaying such books. We need to know the number of people who will display their work.



We Want to Hear from You: Member Survey

Every four years, we do an in-depth questionnaire to make sure we are serving you well.

You may do the survey electronically or by paper.

The online version is available at:

<https://survey.ubc.ca/s/ubc-emeriti>

If you wish to have a paper copy, please call the UBCAPE office (604-822-1752, or send a message to admin@emeriti.ubc.ca), and a paper copy will be mailed to you.

In response to previous surveys, UBCAPE has created interest groups for Photography, Travel, Finance and Film, worked to improve travel insurance and medical benefits, and enhanced the newsletter.

Thank you in advance.



Executive Meeting with President Santa Ono

On January 17, three members of the UBCAPE Executive, Richard Spencer (President), Stephen Tredwell (Vice-President) and Paul Marantz (Past President) met with UBC President Santa Ono and Vice-Provost and Associate V-P Academic Affairs Eric Eich. In advance of the meeting, the Executive provided the President's Office the three documents that appear below.



From left to right: Eric Eich, Stephen Tredwell, Richard Spencer, Santa Ono & Paul Marantz

1. Overview of the UBC Association of Professors Emeriti

The UBC Association of Professors Emeriti (UBCAPE), established in 1987, represents retired UBC Academics, Librarians and Senior Academic Administrators. It is an independent organization that maintains close ties with the University, particularly with the office of the Provost and Vice-President Academic, and also with the Alumni Association - UBCAPE has a Memorandum of Understanding with each.

UBCAPE currently serves more than 430 members. The Association's mission includes supporting intellectual and social interactions among our members, supporting their ongoing scholarly work, ensuring they receive appropriate recognition and benefits, and working with the University to utilize their intellectual and academic resources.

All UBC Professors Emeriti approved by Senate are eligible to join the Association. An Executive is elected each year at the UBCAPE Annual Meeting. Standing committees address concerns and support activity in a number of areas that are important to members, including Benefits, Communications, Continuing Scholarly Activities, and Programs. A network of academic departmental representatives provides links with academic units across the campus, and the Association publishes a newsletter five times a year to communicate with its members and the broader university community. These newsletters and information about our programs and activities are available on the UBCAPE website (<http://emeriti.ubc.ca>)

Our vision is to see Emeriti flourish intellectually and socially, enjoy access to University benefits, resources, and services, and be supported in and valued for their scholarly and other contributions. When Emeriti are a recognized and valued part of the UBC community, faculty can view the changes that come with retirement as a natural progression. This not only makes retirement more attractive and fulfilling, but also helps free up University resources for hiring new faculty and supporting other initiatives.

2. Topics for Discussion with President Ono

1. Overview
 - An overview of the Association
 - Review of Emeriti contributions and activity
2. Including Emeriti in the UBC community
 - Recognition by the President
 - Recognition of Emeriti contributions by departments, Faculties and the University
 - Emeriti representation on UBC committees, including selection committees
 - Emeriti involvement in the strategic planning process
 - Ensuring Emeriti receive broadcast email and other communications
3. Making retirement more attractive and fulfilling for faculty
 - Better management of the process leading up to retirement
 - Equal treatment on retirement across all departments
 - Improved extended health insurance plan

4. Financial support for active Emeriti
 - Data on research activity
 - Proposal for reimbursement of contributions from personal funds
5. UBC support for nominations for major awards
 - APE is currently doing this
6. Greater role for APE in supporting Emeriti
 - Updating information in UBC systems (directory, email lists)
 - Make it possible for APE to use UBC finance and online fee payment systems

3. Contributions of Emeriti and the Association of Professors Emeriti to UBC

Fundraising

- donating more than \$40 million to UBC - this includes approximately 60 gifts of \$100,000 or more, 900 gifts of at least \$1,000, and contributions totaling more than \$45,000 to the United Way in 2016
- assisting the Development Office in identifying and approaching potential donors
- participating as speakers and volunteers in UBC fundraising campaigns
- alumni memories and loyalties are often to emeriti who impacted their lives as professors

Research and Scholarship

- 72 research-active emeriti who responded to a survey in April 2016 have, since retiring:
 - o presented 630 invited talks and 825 conference presentations
 - o published 1496 papers, 58 books and 274 book chapters
 - o received \$14M in total research funding since retirement
- 28 emeriti have contributed \$886,500 of their personal funds to support their research
- data supplied by the Planning and Institutional Research Office show that emeriti Principal Investigators:
 - o have received \$5,138,846 in research funding over the last 3 years
 - o received nearly \$70,000 per PI in 2015/16

Enhancing UBC's Reputation and Visibility

- recipients of major awards, including the majority of UBC appointees to the Order of Canada (4 of whom serve on the Association Executive) and Fellows of the Royal Society of Canada
- serving on the boards of national and international scientific and professional organizations
- serving as Visiting or Adjunct professors at national and overseas universities
- serving as editorial board members and reviewing submissions to leading academic journals
- grant reviewers for international, national, and provincial agencies
- presenting expert interviews on television and radio, quoted or interviewed in the press

Teaching

- teaching undergraduate and graduate courses, and supervising graduate students
- participating in and chairing PhD oral exams
- teaching courses for Continuing Studies
- mentoring junior and senior colleagues
- mentoring undergraduate and graduate students

Leadership Roles and Other Service to UBC

- serving on the UBC Senate, the UBC Pension Board, the Vancouver Institute Board, the President's Advisory Committee on Campus Enhancement, the President's Committee on Major Awards, the Behavioural Research Ethics Board, and similar bodies

- providing interim leadership of Green College, St. John's College, the Liu Institute, and the Peter Wall Institute for Advanced Studies
- helping adjudicate Killam awards

Community Service

- on the boards of the Vancouver Foundation, Science World, and other similar organizations
- on B.C. government boards, such as Transport Action BC, the Patient Care Quality Review Board, and the Degree Quality Assurance Board
- President of the College and University Retirees Association of Canada (CURAC)

UBCAPE Service

- nominating emeriti for major awards – undertaken by our Nominations Committee with APE funding
- securing enhanced travel medical insurance and extended health insurance for emeriti
- speaking at the pre-retirement workshops; offering advice to faculty contemplating retirement
- maintaining email and other records for emeriti in UBC systems

UBC Senate Elections

Under the University Act, academic governance of UBC is vested in the Senate, composed of faculty, staff, members of Convocation (UBC alumni and emeriti) and student representatives, which meet monthly throughout the year. UBC Emeriti are members of Convocation and are therefore entitled to stand for office and vote in Senate elections.

As a Convocation Member of Senate you can have a real and lasting impact on the operations and future direction of UBC. During your three-year term you may help to:

- Set academic policies
- Review and revise admission standards
- Establish new departments and schools
- For more information visit <http://senate.ubc.ca>

Convocation members are entitled to twelve positions on the UBC Vancouver Senate. The current Senate includes three UBC emeriti. Their experience and judgement is highly valued. Please consider standing for this position.

Current Senator, and Past President of UBCAPE, Richard Tees (Professor Emeritus of Psychology), is happy to respond to queries about the position. He can be contacted at rtees@psych.ubc.ca.

NOMINATIONS ARE DUE January 31, 2017. For more details about the nomination process visit <https://facultystaff.students.ubc.ca/triennial1617>.



A BIG THANK YOU from the UBC United Way Campaign

UBC emeriti donated \$54,084 to the 2016 campaign, almost 13% more than they donated last year! Donations from emeriti constitute more than 10% of the total of \$513,235 raised on the UBC campus. Your contributions are providing 3,900 people with food they so desperately need, providing children with programs to unleash their limitless potential and helping seniors live independently.

A Survey of Research-Active Emeriti at UBC

*In late 2015, Professor Emeritus Bernie Shizgal surveyed emeriti on behalf of UBCAPE's **Committee on Continuing Scholarly Activity**. The results are summarized below.*

Although many Emeriti find diverse productive activities after retirement, a substantial number continue to remain very active in research and contribute to the research enterprise of the University of British Columbia. In order to quantify the productivity of these research-active retired faculty and to assess their resources to continue their research activities, a survey was conducted in 2015 under the auspices of the Association of Professors Emeriti.

72 retired research-active faculty responded to the survey and the results demonstrate that collectively they have made an impressive contribution to the research accomplishments of the University.

Collectively, since retirement, this group produced:

- 1. 630 invited talks and 825 conference presentations**
- 2. 1220 papers** in peer reviewed journals,
- 3. 276 papers** in conference proceedings,
- 4. 58 books and 274 book chapters.**

This research was carried out in collaboration with

- 1. 178 graduate students** and
- 2. 74 postdoctoral fellows.**

Twenty-seven (27) of these retired faculty taught 102 courses while pursuing their research work.

The research funding opportunities for retired faculty vary considerably with research field. Some researchers attract large research grants while others operate as best they can with limited resources or none, owing to many different funding constraints.

Twenty-eight (28) retired faculty have **contributed about \$886,500 of their personal funds** to support their research.

Thirty-five (35) retired faculty with a total of 107 retirement years have approximately

- 1. \$66,000 per retired faculty per year in current ongoing research** funding and,
- 2. \$14,000,000 in total research funding** since retirement.

Thirty-three (33) retired faculty would apply to an UBC Emeritus Research Fund with approximately

- 1. \$160,000 per year which is equivalent to a grant of about**
- 2. \$5,000 per year per individual.**

The survey results clearly demonstrate the impressive contribution of Emeriti to the research stature and the worldwide ranking of UBC. The evidence of the research productivity of Emeriti at UBC is unequivocal. The survey results undoubtedly understate the contribution of Emeriti given the voluntary nature of the survey. **The need by some faculty for modest research support from the University** is also abundantly clear. A proposal to create a research fund to support research-active Emeriti will be presented to the Provost and VP of Research.

Committee Report: Membership Committee

Periodically the UBCAPE newsletter reports on the activities of its Standing Committees. This month's report comes from the Membership Committee

<i>Co-Chairs:</i>	Steve Tredwell Olav Slaymaker	<i>Members:</i>	Derek Applegarth Michael Davies Linda Leonard John Stager Sandra van Ark
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The *Membership Committee* has two functional and reporting responsibilities: *objective*—membership numbers, trends, and departmental profiles within UBCAPE—and *subjective*—procedural and philosophic policy development with respect to membership. When discussed and approved by the Executive, this contributes to organizational growth and development. The Committee meets every 6-8 weeks from September to May.

Membership Statistics as of December 1, 2016

There are slightly more members than there were last year at this time: 447 vs 443 in December, 2015. There were some minor concerns in September, 2016—fewer members had renewed. We attribute this to the change in our year end from April 30 to June 30. It appears now that membership numbers are at the usual level. Life memberships have increased from 50 to 72 members.

	2016	vs	2015
Complimentary memberships*:	61 (14%)	vs	68 (15%)
Fee-paying members:	386 (86%)	vs	375 (85%)
-Lifetime	72 (19%)	vs	50 (13%)
-Annual	314 (81%)	vs	325 (87%)

*Emeriti in their first year are not charged annual dues

The renewal rate is quite high with 85% (269 of 349 members who could renew, renewed their membership). The average retention rate for non-profit organizations is 78%.

In 2015: 390 of the 486 members renewed (73% - renewal rate)

In 2014: 347 of the 428 members renewed (81% renewal rate)

With changes in the retirement process from a "hard end point" of age 65 to the current "soft end point" a diverse population has emerged that relates both to active faculty and to UBCAPE. At age 65 one is eligible to join UBCAPE even if one remains on the active Faculty. This can prove an advantage to some, especially with respect to extended health care plans. This so-called "Transition Zone" of one's career can be both rewarding as well as challenging. During the Fall term we have examined two areas that are of interest to this group. The first project looked at changes in health benefits with age and stimulated the joint project with the *Benefits Committee* that resulted in the information letter that was published in the November, 2016, newsletter (a good read if you did not notice it). The *Benefits Committee* chaired by Paul Marantz is working on more refinements in this area.

We are also looking at the pre-retirement time frame as an opportunity for a more in-depth discussion of the emotional mind set around the pathway to retirement. This would be a service to offer our members in the transition zone as well as faculty and departments in general. This discussion is in its early phase, and input from our readers would be most appreciated.

The most optimistic of the positive trends for the Committee is the enhancement of the link between UBCAPE and the Departmental Representatives. A significant portion of the annual meeting of the Department Reps has become a think tank on emeritus issues and retirement observations. UBCAPE has benefited greatly from this input. Emeriti wishing to participate in this process are encouraged to contact the *Membership Committee* through the UBCAPE office.

In Memoriam

Jørgen Dahlie	1924-2016	Professor Emeritus of Social and Educational Studies President of UBCAPE from 1991-1993 University Service, 1968-1985
Laurenda Daniells	1923-2017	University Archivist Emerita University Service, 1970-1988
Glenn Dixon	1939-2016	Associate Professor Emeritus of Curriculum Studies University Service, 1977-2004
John Gosline	1943-2016	Professor Emeritus of Zoology University Service, 1973-2008
Paul Harrison	1941 - 2016	Professor Emeritus of Earth & Ocean Sciences University Service 1945-2006
Jean Laponce	1925-2016	Professor Emeritus of Political Science University Service, 1956-1991
Donald Louie	1945-2016	Clinical Professor Emeritus of Psychiatry University Service, 1982-2014
Anne Lukasevich	1934-2016	Assistant Professor Emerita of Language Education University Service, 1979-1997
Alex McLeod	1935-2017	Senior Instructor Emeritus of Curriculum Studies University Service, 1974-1997
Harvey Mitchell	1926-2016	Professor Emeritus of History University Service, 1967-1989
Gordon Pirie	1928-2016	Associate Professor Emeritus of Pediatrics University Service, 1964-1993
David Strangway	1934-2016	President Emeritus President UBC from 1985-1997 University Service, 1983-1999



Celebration of Life David Strangway, President Emeritus

Friday, February 3 at 3:30 pm

Jack Poole Hall
Robert H. Lee Alumni Centre
6163 University Boulevard

Jørgen Dahlie

Jørgen (pronounced "Yurgen") Dahlie passed away on December 7, 2016 at the age of 92. UBCAPE remembers him as an effective President of the Association (1991-1993). We knew him as a self-effacing scholar in the Department of Social and Educational Studies in the Faculty of Education.

That which is less well known is Jørgen's prowess as a skier and as a proud member of the Sons of Norway. Arriving in Canada as a five-year-old boy from Ringsaker, Norway he lived his early years in Smithers. The family homesteaded in the log cabin his father built on the slopes of Hudson Bay Moun-



*Jørgen Dahlie (2nd from left)
at Dahlie homestead in 1936*

tain. Each Easter the family skied up Hudson Bay Mountain for a four-day break in their alpine cabin. He raced at Smithers and Burns Lake before participating in the Dominion Championships at Grouse Mountain in 1952. He skied slalom, downhill, cross-country race and jumping. He recalled skiing up an old trail from the highway up Cypress Creek around 1968. After taking early retirement from UBC he skied a 50 km cross country in 1986. He missed the Manning Park Loppet only once between 1987 and 1999. He completed the 30 km in 2 hours 34 minutes and the 50 km in 5 hours.

As far as World Masters are concerned, he raced at Grindelwald, Canmore, Sovereign Lake, Silver Star and Kelowna Apple Loppet. A lifetime highlight was participating in the Birkebeiner 54 km ski race from Rena, Sweden

to Lillehammer, Norway in 2000 at the age of 76. The race has huge symbolism for Norwegian patriots, as it commemorates the saving of the life of the infant pretender to the Norwegian throne, Håkon Håkonsson, in 1206. The heir was brought to safety to Nidaros (Trondheim) by two loyalists who skied through a blizzard with the infant in their arms. Håkon eventually ruled as Håkon IV from 1217-1263, the golden age of the Norwegian medieval kingdom. The Birkebeiner ski race is still Norway's most important annual skiing event.

— Olav Slaymaker

UBC Emeriti – Film Group

*Series Two – India: From the East
(Tues. Jan. 24, Tues. Feb. 28, Tues. Mar. 28 - 2017)*

Screenings begin at 3:00pm

*Screenings are held in Room 224, the Alumni Center, UBC campus.
A brief introduction to the film will precede each screening.
A brief discussion of the film will follow each screening.*

Overview of Series Two

While the most internationally visible Indian films are rooted in the Bollywood film industry located in Mumbai in western India, the eastern regions of the country feature a strong art cinema tradition located in (West) Bengal. In addition, Bollywood style films can be found that are set in the east and feature directors who are both geographically and thematically distanced from the Bollywood mainstream. Issues featured across these Indian films include modernity versus tradition, patriarchy versus feminism, diversity versus ethnicity, politics versus entertainment, and spectacle versus reality.

Jan. 24 – *The Music Room* (1958) by Satyajit Ray, aptly illustrates Ray's position as India's most internationally praised filmmaker and the artistic equal of cinema giants such as Ingmar Bergman and Akira Kurosawa. Ray's work emerged within a strong West Bengali art film tradition that also includes acclaimed filmmakers such as Ritwik Ghatak, Mrinal Sen and Bimal Roy. In this film, an aristocrat, whose fortunes are in decline, refuses to give up hosting concerts by accomplished Indian musicians, providing an examination of a declining Indian past as well as an illustration of its cultural heritage.

Feb. 28 – *Parama* (1986) by Aparna Sen presents not only another internationally lauded example of West Bengali cinema, but also a prominent example of an early wave of women's films from India that also includes the films of Mira Nair. In this film, a middle class housewife becomes the object of study for a photo-journalist, with whom she has an affair, presenting problems but also possibilities for identity transformation in a modernizing India.

Mar. 28 – *Dil Se* (1998) by Mani Ratnam controversially uses Bollywood musical style to present political issues concerning Indian unity, specifically within the troubled Assam region of northeast India but also, in the wider sense, across India itself. In this film, an All-India Radio reporter, travelling to far eastern India to report on Indian unity amidst the celebrations of 50 years of Indian independence, becomes infatuated with a mysterious young woman with separatist connections.

UBCAPE Financial Interest Group



The next meeting of the Financial Interest Group will take place on **February 23 at 3:30 pm** in the Alumni Centre, room 224.

Michael Deepwell, a financial professional with Lamp Financial, will discuss "How to Choose and Evaluate a Financial Advisor". Topics to be addressed include:

- What to consider when seeking financial advice
- Where to look for financial advice
- How to evaluate advice and advisors, including understanding designations
- Ways to pay for financial advice
- Service standards
- What to consider when seeking investment advice

Michael Deepwell, CPA, CA, CFP®, CLU, holds designations in accounting and tax, estate planning, and personal financial planning. He is committed to helping people make informed financial decisions and does not sell any investment or insurance products.

On November 24, 2016, Lorraine Heseltine, Member Services Specialist at the UBC Faculty Pension Plan, discussed "How to Get the Most out of Your Pension Plan". She presented much valuable, detailed information on the workings of this annuity, how annual adjustments are calculated, its past performance, and projections for the future. She focused on how the UBC Faculty Pension Plan's Variable Payment Life Annuity works compared to an insured annuity. For those who missed the meeting, copies of the handouts can be obtained from Lorraine.

Lorraine also discussed why you might wish to consider transferring some of your external RRIF/LIF funds back to the UBC Pension Plan and how to manage your accounts through the Sun Life website.

If you have questions, would like the handouts from her talk, or would like to contact Lorraine, she can be reached at lorraine.heseltine@ubc.ca or 604.822.3485



Group Meetings at a Glance (all welcome)

Group	Day	Time	Place
<i>Photography</i>	Friday January 27	2:00 pm	Angus 345
<i>Travel</i>	Thursday February 16	3:30 pm	Alumni Centre Room 224
<i>Film</i>	Tuesday February 28	3:00 pm	Alumni Centre Room 224
	Tuesday March 28	3:00 pm	Alumni Centre Room 224
<i>Finance</i>	Thursday February 23	3:30 pm	Alumni Centre Room 224

Association Speakers' Series

Green College Senior Scholars' Series

On January 10, **Priscilla (Cindy) Greenwood** (Professor Emerita, Mathematics) started the new season of Senior Scholars' lectures with a witty and informative talk, "What is a Probabilist?" Cindy became a probabilist improbably (or simply by long odds?), given the rarity of women in mathematics and the lack of undergraduate courses in probability at the first universities she attended. She helped us understand the difference between statistics (estimates from data, applied, practical) and probability (modeling space-time structure, sources of randomness) with helpful examples and emphasized that the answer to a probability question importantly depends on how you ask the question. Cindy is currently having fun modeling the behavior of neurons.

Upcoming Talks

Tuesday, February 14

David Hardwick (Professor Emeritus of Medicine)

CYCLIC BEHAVIOUR: FROM CELL TO SOCIETY, SUCCESS AND FAILURE, LIFE AND DEATH

Cyclic function is determinative of virtually all biological activities at the cellular level through to an organism's biological existence, from blood flow to breathing, food intake, sleeping & reproduction behaviour. Analysis of human (and animal) behaviour also reflects this cyclic behaviour extending from interpersonal to societal relationships. This presentation integrates his interests in Sociology, Medical Science, Epistemology and Social Philosophy.

Tuesday, March 7

Patricia Merivale (Professor Emerita of English)

"FLANEUSE" IN THE PALIMPSEST CITY: SOME REFLECTIONS OF AN OLD-STYLE COMPARATIST
... with special reference to *Cities made of Books*, and how I wandered the streets of Academe looking for them: *Elegiac Romances*, *Metaphysical Detective Stories*, *Female Artist Parables*...

All talks begin at 5:00 pm in the Green College Coachhouse. For more information: www.green-college.ubc.ca or GC.events@ubc.ca.

Come at 4:30 for tea and coffee in the Green College Piano Room and stay for refreshments after the talks. To stay for dinner, tickets can be purchased through the Green College Office—604-822-8660.

Philosophers' Café

The Spring 2017 Cafés promise to be especially interesting and offer you an opportunity to share your views on some of the most compelling issues of the day. All Cafés are in the Tapestry Classroom, 3338 Westbrook Mall, starting at 10:30 am.

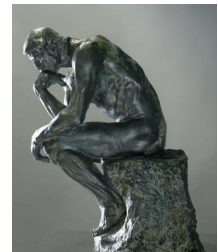
February 10: *Globalization** - More and more countries are saying 'no' to globalization. Do you agree that it's time to slow down this process?

* a process of interaction and integration among the people, companies, and governments of different nations, a process driven by international trade and investment and aided by information technology.

March 10: Build pipelines or reduce carbon emissions? Recent approval of two Canadian pipeline projects has raised the question of whether we can do both.

April 21: The Post-Truth era: Are objective facts less influential in shaping public opinion than appeals to emotion and personal belief? If so, can anything be done?

After the Café join us for lunch at Tapestry by calling 604-225-5000 or by checking in with the front desk before the Café to reserve a spot.



Emeritus Awards

Order of Canada



On December 30th, 2016, **Elaine Carty**, Professor Emerita of Nursing, was chosen to receive the **Order of Canada** for her contributions to advancing women's health care options, particularly her instrumental role in establishing professional midwifery care. She is one of Canada's leading pioneers on several women's health issues and founding director of UBC's Midwifery Program where she helped introduce midwifery into the Canadian health care system.



Since her retirement in 2012 she has been working on the use of humanities in the health sciences, in particular how poetry, fiction and artists' representations of pregnancy and birth can inform practice. Professor Carty is also a member of the UBCAPE Executive.

Polar Medal



On December 8, 2016 Professor Emeritus of Psychology, **Peter Suedfeld**, was presented with the **Polar Medal** by Governor-General David Johnston. Peter Suedfeld has conducted field research in both polar regions. Principally interested in understanding both the pathogenic and salutogenic psychological effects associated with isolation in polar stations, he has provided key insights into the leadership styles and personality characteristics of individuals who thrive in such extreme conditions.



The **Polar Medal** celebrates Canada's northern heritage and recognizes persons who render extraordinary services in the polar regions and in Canada's North.

Peter Suedfeld has been a strong contributor to UBCAPE through his organization of the "Emeritus Research Day" series.

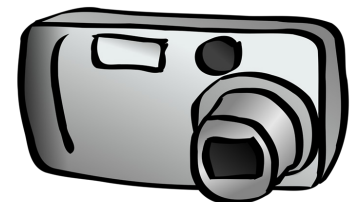
"What are they up to now?" Department

Recent Publications by Emeriti



Martha Foschi. 2016. "Experimental Contributions to Sociological Immigration-Research." *Studia Sociologica* 8: 42-61.

Joanne Emerman, Professor Emerita of Cellular and Physiological Sciences, will have a solo exhibit of her photographs from the Galapagos and South African game reserves at the Zach Gallery, Jewish Community Centre, from February 23 until March 24. UBCAPE members are invited to attend the opening reception on February 23, 7:00 - 9:00 p.m., and a presentation on March 21, 7:00 - 9:00 p.m.



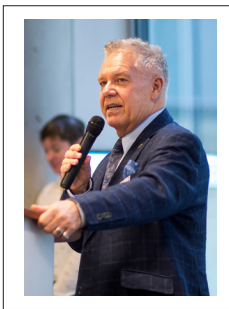


Doing Retirement Differently

Here's **Boris Gorzalka**, Professor Emeritus of Psychology, with friends in the central highlands of Papua New Guinea, where Boris and Laura Hanson were generously welcomed by local tribes. He and Laura are now travelling the outback in Australia in a 4X4. Inspirational!

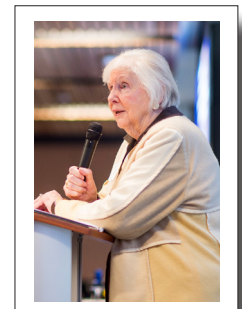
Hint: Boris is the one with the beard.

Faculty of Education 60th Anniversary



Dean Blye Frank

On November 20, 2016, Dean Blye Frank hosted a reception for emeritus faculty to celebrate the 60th anniversary of the Faculty of Education at UBC. The event was held in the new Ponderosa Commons building and attracted 31 emeriti, many of whom were accompanied by their spouses or partners. The longest serving emeritus to attend was Stanley Brown (Professor Emeritus, Physical Education) who joined the Faculty in 1957. Two former Presidents of UBCAPE were also in attendance (Jørgen Dahlie* [1991-1993] and Thelma Cook [2007-2008]), as were three former deans of the Faculty (Roy Bentley, Nancy Sheehan and Dan Birch).



Thelma Cook

In his remarks, Dean Frank noted that during the first year of operation, 1956/57, the number of faculty members increased from 5 to 42 and the registration was set at 905 students. Currently, the Faculty is divided into five administrative units (four departments and one School) and houses a total of 203 faculty (168 tenure-track and 35 Lecturers). Included in this complement are 6 Canada Research Chairs and 12 externally funded Chairs/Professorships. In September 2016, the Faculty welcomed 676 teacher candidates, 1,249 Bachelor of Kinesiology students, 1,231 Magistral students and 368 Doctoral students. In February, 2016, the departments of Educational Studies and Language and Literacy Education were relocated to the newly built Ponderosa Commons, which is UBC's newest live-work-learn community, integrating academic space and student housing. Finally, the Dean reported that the Faculty of Education is currently ranked #1 in Canada by QS World University Rankings and #9 by the Globe & Mail.

Thelma Cook responded and gave thanks on behalf of the assembled emeriti. Capturing the spirit of the occasion, she observed that everyone seemed to be really enjoying the opportunity to catch up with colleagues and friends as well as the excellent refreshments and the music provided by a trio of music education students. The atmosphere was jovial and relaxed. *As a footnote, Thelma Cook remembered taking one of her first classes as an undergraduate at UBC from Dr. Stanley Brown.*

—Donald Fisher



*Bernie Sheehan Dan Birch,
Nestor Korchinsky, Arlene Birch*



*Jennifer Belanger, Joe
Belanger, Frank Echols*

* Sadly, Jørgen Dahlie passed away two weeks after this event. See pp. 9-10.

Psychological Well-Being and Physical Activity in Older Adults

“Researchers have long studied how physical activity can lead to improved mood and feelings of well-being,” says Julia Boehm, Ph.D., and lead author on the study, “however, less well understood is whether being happy and optimistic might actually encourage a person to be physically active.”

Physical activity is a key health behavior linked to better physical and mental functioning, as well as reduced risk of the leading causes of death including cancer and heart disease. Further, psychological well-being is associated with reduced risk of cardiovascular disease, cognitive decline, and mortality. Psychological well-being may be linked with improved health because happier people may be more likely to engage in physical activity.

Rates of physical activity are relatively low among middle-aged adults and decline further in older adulthood -- worsening substantially after age 75 -- so a key challenge is to identify not only modifiable factors that reduce the likelihood of declining activity levels, but also factors that contribute to the initiation and maintenance of physical activity in older age. Interventions that increase the number of people who are physically active may reduce the burden of poor health later in life.

“What we wanted to do in this study was to assess psychological well-being before assessing physical activity to determine if happier adults are more likely to exercise than their less happy peers,” said Dr. Boehm.

During the 11-year study, participants were asked about the frequency and intensity of their physical activity both at work and during leisure time and then classified into categories of sedentary activity, low activity, moderate activity, and high activity.

The researchers found that higher psychological well-being at the start of the study was associated with greater levels of physical activity across more than a decade. Moreover, people at the start of the study who had high levels of psychological well-being and who were also physically active initially were less likely to become inactive over time.

“These findings have implications for health care as medical professionals often have difficulty

persuading adults to increase physical activity,” noted Dr. Boehm. “Results from this study suggest that higher levels of psychological well-being may precede increased physical activity; therefore, it is possible that psychological well-being could be a novel way of not only enhancing psychological health but also increasing physical activity—which in turn could improve the physical health of a large segment of people in an aging society.”

The study included 9,986 English adults over the age of 50 who were assessed up to six times across an average of 11 years. The average age of participants was 63.7 years, with 55 percent of participants being women, and 97 percent of the sample identifying as White.

The paper, called *Maintaining Healthy Behavior: a Prospective Study of Psychological Well-Being and Physical Activity*, is published in the journal *Annals of Behavioral Medicine*. Authors were: Dr. Julia Boehm of Chapman University; Eric Kim, Ph.D., Laura Kubzansky, Ph.D, and Jackie Soo, Ph.D., all of Harvard T. H. Chan School of Public Health.

Abstracted from *Science Daily* <https://www.sciencedaily.com/releases/2016/12/161202101114.htm>





This long-running series is ideally suited to those who prefer daytime concerts (and a seniors' discount). All performances take place at the Vancouver Academy of Music, 1270 Chestnut Street. Concerts begin at 10:30 am, preceded by refreshments beginning at 10:00 am. The same organization also offers a program called "Tuning In", where well-known CBC host Eric Friesen interviews musical celebrities as well as musicians on their way up. For more information or to purchase tickets visit www.musicinthemorning.org or telephone 604-873-4612.

Main Concert Series

Krakauer/Tagg Duo: Breath and Hammer,
February 15–17

Miriam Fried, violin: Works of Solo Bach,
March 15–17

Tuning In with Eric Friesen

Bill Richardson — February 1, 2017

Janina Fialkowska — March 29, 2017



Vancouver Institute Lectures

January 28: *War Stories We Tell Ourselves: Infotainment and Conflict in the Post-Fact Era*, Kevin Patterson, writer

February 4: *Vladimir Putin's Russia*, Masha Gessen, journalist and author

February 11: *Hot, Uneven and Connected: Urban Planning in Metro Vancouver's Latest Global Age*, Andy Yan, Director, The City Program, Simon Fraser University

February 25: *Antibiotic Resistance: Why Antibiotics Fail and New Ways of Overcoming Difficult Infections*, Professor Robert Hancock, OC, OBC, Canada Research Chair and Professor, UBC Department of Microbiology and Immunology.

March 4: *Measuring the World: Should We Trust Statistics?* Professor Denise Lievesley, CBE, Principal, Green-Templeton College, Oxford

March 11: *The Natural History of Polar Bears and the Threat of Climate Warming*, Professor Ian Stirling, OC, Department of Biological Sciences, University of Alberta

March 18: *Global Climate Change: Can the Next Generation Avert a Catastrophe?* James Hansen, Adjunct Professor, Columbia University and Head, NASA Goddard Institute for Space Studies

All lectures
take place in IRC 2 at 8:15 pm.

UBC School of Music Wednesday Noon Hour Concerts 12:00 pm, Barnett Hall Admission \$5

January 25: *Van Django* (Cameron Wilson, violin; Budge Schachte, guitar; Finn Manniche, guitar and cello; Brent Gubbel bass)—*Rooted in the gypsy jazz of the Hot Club of France*

February 1: Corey Cerovsek violin & Michelle Mares piano—*Violin Sonatas by Debussy and Ravel*

February 8: *PBO Chamber Players* (Chloe Meyers, violin; Soile Stratkauskas, flute; Beiliang Zhu, cello; Alexander Weimann, harpsichord)—*Bach Musical Offering, BWV 1079*

February 15: *Stephen & Igor*, Patricia Hoy piano—*Chatman Etudes – Book 1 (World premiere)*; Stravinsky trans. *Raphling The Rite of Spring*

March 1: Luke Kim, cello & Scott Meek, piano—Schumann, *Adagio and Allegro, Op. 70*; Rachmaninov, *Sonata for Cello and Piano, Op. 19*

March 8: Christie Reside, flute; Nicholas Wright, violin; Grace Huang, piano—CPE Bach, *Trio Sonata H.590.5*, Cui *5 Petits duos Op. 56*, Martinu *Trio for Flute, Violin and Piano*

March 15: *Fire, Water, Earth, and Air* Jane Long, soprano; Christina Hutten, harpsichord—*Arias by George Frideric Handel*